

## Recipe Suggestions – Daily Portion

A fully grown cat, weighing 4.5kg, needs approx. 130g of meat per day, divided into 2-3 portions. Should your cat suffer from constipation you can also supplement the daily portion with a tablespoon of grated carrot, however the addition of roughage is not normally necessary.

### BARF – Bones and Raw Food Recipes

#### BARF - Poultry

- ◆ *110g chicken breast*
- ◆ *20g chicken hearts*
- ◆ *1 teaspoon of dripping (e.g. goose dripping)*
- ◆ *2 level measures of Felini Complete (1.6g)*

Rinse the meat and hearts. Cut into mouth-sized pieces. Mix the meat with the other ingredients, adding 1-2 tablespoons of water if necessary.

#### BARF - Beef

- ◆ *130g stewing steak*
- ◆ *1 teaspoon of dripping (e.g. pork dripping)*
- ◆ *2 level measures of Felini Complete (1.6g)*

Rinse the meat. Cut into mouth-sized pieces. Mix the meat with the other ingredients, adding 1-2 tablespoons of water if necessary.

### Cooked Food Recipes for cats with sensitive digestion

#### Beef & Pork Mince (Pork should never be consumed raw. Please cook before use)

- ◆ *130g unseasoned minced meat*
- ◆ *2 level measures of Felini Complete (1.6g)*

Stew the mince with a little water. If your cat suffers from constipation you can add a little grated carrot for extra roughage. Leave the meat to cool and then mix with 2 level measures of Felini Complete (1.6g).

#### **IMPORTANT INFORMATION:**

- ◆ Felini Complete is intended for use as a supplement to fresh meat. It must not be added to complete cat foods (e.g. canned cat food).
- ◆ Pork is highly digestible but must be cooked first. Please do not use low fat meat, normal minced meat has an optimal fat content.
- ◆ The BARF recipes can also be cooked if preferred.
- ◆ Felini Complete should only be added to cooled foods to avoid vitamin loss.

## Recipe Suggestions – Weekly Portion

Fresh food supplemented with Felini Complete can be prepared in advanced and frozen. The following recipes will provide you with portions for 7 days. Each portion should be defrosted in the fridge, a day before you need it. Should your cat suffer from constipation you can also supplement the weekly portion with a grated carrot, however the addition of roughage is not normally necessary.

### BARF – Bones and Raw Food Recipes

#### BARF - Poultry

- ◆ *800g chicken breast*
- ◆ *200g chicken hearts*
- ◆ *50g of dripping (e.g. goose dripping)*
- ◆ *12.5g Felini Complete*

Rinse the meat and hearts. Cut into mouth-sized pieces. Mix the meat with the other ingredients and freeze as individual portions of 150g. You can add 1 tablespoon of water over the defrosted portion if required.

#### BARF - Beef

- ◆ *1000g stewing steak*
- ◆ *50g of dripping (e.g. pork dripping)*
- ◆ *12.5g Felini Complete*

Rinse the meat. Cut into mouth-sized pieces. Mix the meat with the other ingredients and freeze as individual portions of 150g. You can add 1 tablespoon of water over the defrosted portion if required.

### Cooked Recipes for Sensitive Digestions

#### Beef & Pork Mince (Pork should never be consumed raw. Please cook before use)

- ◆ *1000g unseasoned minced meat*
- ◆ *12.5g Felini Complete*

Stew the mince with a little water. If your cat suffers from constipation you can add a little grated carrot for extra roughage. Leave the meat to cool and then mix with 12.5g of Felini Complete. Freeze as individual portions of 150g.

#### **IMPORTANT INFORMATION:**

- ◆ Felini Complete is intended for use as a supplement to fresh meat. It must not be added to complete cat foods (e.g. canned cat food).
- ◆ Pork is highly digestible but must be cooked first. Please do not use low fat meat, normal minced meat has an optimal fat content.
- ◆ The BARF recipes can also be cooked if preferred.
- ◆ Felini Complete should only be added to cooled foods to avoid vitamin loss.